



Psychotherapy and Counselling
Federation of Australia

PACFA Low-Cost Supervision Directory

(updated 15/06/26)

Please inform the supervisor that you found them on this PACFA resource when you contact them to set up a supervision group. To book, please contact the supervisor directly using the contact details below.

Day sessions are between 9am-5pm and **Evening sessions** (where available) are 5pm+

Full Name	Reg. No.	State	Platforms	Availabilities	Contact details	Specialist Modalities
Alison Hood	22304	NSW	Zoom, Phone, In person	Various days & times	alison.insightworks@gmail.com , https://alisonhood.com.au/	Trauma-informed, culturally responsive, reflexive and collaborative supervisory approach (person centred, psychodynamic, somatic, sandplay, relational neuroscience, beginner's mind, humour).
Amber Rules	24892	NSW	In person in Leichhardt / Sydney, or Zoom, Google Meet, Microsoft Teams, Skype, FaceTime	Mon, Tue, Wed, Fri. Monthly Wed group supervision. Some evenings available depending on availability.	https://www.sydneaddictionsrecovery.com/contact	Addictions (including Affected Others such as family and loved ones); creative careers, non-traditional careers and high profile clients; neurodivergence (not limited to ADHD and Autism); body liberation, fat liberation and body related distress; disordered eating; chronic illness; LGBTQIA+ clients; ethical non-monogamy, polyamory and non-traditional relationship structures; kink and fetish; psychodynamic, existential and relational therapeutic approaches; social justice, anti-oppressive practice and harm reduction, Existential group psychotherapy (Yalom).

Andrea Szasz	22116	NSW	Online, in-person by request	Monday 4pm – 6pm Friday 4pm – 6pm More options introduced as needed	Phone 0414 309 003 Andi@bravetherapy.com www.bravetherapy.com	<p>These small group supervision spaces are created as a place to think, feel, and reflect together — not just about the work, but about how we are in the work. With a maximum of six participants, the groups are intentionally kept small to allow for depth, safety, and genuine connection. This is a space where uncertainty can be brought in, where clinical questions can unfold over time, and where your own experience as a therapist is welcomed as part of the process rather than something to be set aside.</p> <p>How we will work My approach to supervision is grounded in a psychodynamic, relational way of thinking, where we stay close to what is happening between therapist and client, and also within you as the therapist.</p> <p>We will pay attention to:</p> <ul style="list-style-type: none"> • the therapeutic relationship and what is unfolding within it • transference and countertransference • attachment patterns and relational histories • moments of stuckness, rupture, and repair • the role of the body, affect, and nervous system in the work <p>There is also space to integrate somatic and experiential perspectives, recognising that much of what we know clinically is not only cognitive, but felt and lived.</p> <p>The aim is not to arrive quickly at answers, but to deepen your capacity to stay with complexity, to think clinically, and to trust your own developing way of working.</p> <p>About me I am a psychotherapist in private practice in Sydney, working primarily with trauma and complex presentations. My clinical work is grounded in the Conversational Model of psychodynamic psychotherapy[®], Somatic Experiencing[®], and attachment-informed approaches.</p>
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Annette Coulter	21325	NSW	Zoom	Monday – 5pm+ Tuesday - 9am - 5pm Wednesday - 9am - 5pm Thursday – 5pm+ Friday – 5pm+ Saturday - 9am – 5pm Sunday - 9am - 5pm	annettecoulter@bigpond.com 0408 822 080 www.artpsychotherapy.com.au	Interactive Drawing Therapy; Child & Family Art Therapy; Art Psychotherapy; Supervision-on-Supervision
Annie Gurton	22719	NSW	Zoom	Tuesday - 9am – 5pm Thursday - 9am - 5pm	therapy@anniegurton.com 0423 632 657 www.anniegurton.com	Existential, Imago, Narrative, Solution Focussed, IFS, PC
Bronte Allen	28105	VIC	Telehealth/Zoom and in person at rooms in Leongatha and Wonthaggi.	Tuesdays to Fridays - Individual supervision and Online Group Supervision Thursdays 1-3pm and Fridays 1-3pm Monthly	03 5608 7216 sgcounselling@iinet.net.au www.southgippslandcounselling.com.au	<p>I have many years' experience as a counsellor, clinical supervisor and team leader in community organisations and private practice with a focus on children, adolescents, parents/carers and adults with a history of trauma.</p> <p>My training in child psychotherapy, transpersonal counselling, trauma therapies such as EMDR and music therapy inform my practice.</p> <p>In supervision sessions I mainly draw from a reflective practice model providing supervision for early career counsellors and experienced counsellors, psychotherapists, art therapists and music therapists.</p> <p>My qualifications include; Masters in Mental Health Science; Graduate Diploma in Child Psychotherapy</p>

						Studies; Graduate Diploma in Music Therapy; Diploma in Transpersonal Counselling.
Carla van Laar	27769	VIC	Zoom, Skype, Microsoft Teams	Thursday - 9am - 5pm Friday - 9am - 5pm Saturday - 9am - 5pm Sunday - 9am - 5pm	https://carlavanlaar.com/supervision /	Creative supervision including arts-based processes and trauma informed, narrative perspectives
Carola Maier	22144	SA	Zoom, Phone, In Person	Flexible days and times, by appointment	cmaier61@gmail.com ; info@psychoenergetictherapy.com 0434 588 019	<p>I have been in practice for over 30 years and have worked both in private practice and in various human service programs and I have been teaching in the Diploma and Bachelor of Counselling for over 13 years at the Australian College of Applied Psychology.</p> <p>I provide supervision to both new graduates and experienced therapists.</p> <p>I offer supervision in a reflective environment that prioritises support, care, and respect. The focus is on enhancing your knowledge and understanding, assisting with complex client cases and helping you to get unstuck. I pay special attention to supporting professional growth and confidence and addressing your well-being in your counselling practice. After all, you are the most important tool in counselling.</p> <p>In my practice I provide counselling for people experiencing stress and anxiety; panic attacks; relationship problems; grief and loss; trauma and post-traumatic stress; depression; problems with confidence and self-esteem; struggles with spirituality or religion; difficulties at work, workplace bullying, stress and burnout; problems with family or school life.</p> <p>I also provide counselling and support for Workcover recipients.</p> <p>My approach to counselling and psychotherapy is grounded in the humanistic-existential theories and draws on Psychosynthesis, Emotion Focused Therapy and Expressive Therapies, including Symbol Work, Sand Play and Drawing Therapy. I also utilise coaching processes to assist clients in restructuring their lives, building resilience, and adopting a more</p>

						positive outlook for the future.
Carolyn Choy	23201	NSW	In person (Ultimo), Google Meet, WhatsApp or FaceTime	9am-6pm weekdays	cchoy.sydney@gmail.com , 0421191698, https://cchoy.com.au	Gestalt, existential, somatic approaches. Offering reflective and reflexive individual and small group supervision. All levels of experience are welcome.
Christina Jonkhoff	22504	NSW	Zoom	1st & 4th Mondays each month - 6 PM-7:30 PM 1st Wednesday each month - 2 PM-3:30 PM and 6 PM-7:30 PM 4th Tuesday each month - 10 AM-11:30 AM and 6 PM-7:30 PM	www.livingstonescounselling.com.au Register your interest	Support varies by groups: from new graduates to loved ones with Cluster B personality disorders; are neurodivergent; experiencing complex grief; or are in betrayal/affair recovery). Gottman Methods Emotionally Focused Therapy (EFT for Couples); DBT; and Neurobiologically informed trauma treatment. All experience levels are welcomed.
Christine Cohen	21580	TAS	MSTeams, Zoom, Skype, Whatsapp Phone In person	Weekdays 8am-8pm EST Weekends negotiable	0417909546 Counsellor@ChristineCohen.onmicrosoft.com	Individual and group supervision of supervision and counselling: Pluralistic, bespoke, crafted to suit from: psychodynamic, PCT, solution-focused, CBT, somatic, existential, spirituality, EFT for couples, family systems, mindfulness, narrative, Prepare- Enrich. Experience: corporate, government, human services, executive/leadership, mining/industry, religious/spiritual, aged care, education, interculture, emergency services, crisis debrief, trauma, health, wellbeing, mental health, burnout, neuro-diversity, bereavement, displacement, EAP, unemployment, Intervention.
Deborah Cameron	27788	VIC	Teams	Mon – 10am-3pm Tue – 10am- 5pm Wed – 10 am-8.30pm Thur – 10 am – 3pm Fri – 10am – 6 pm	mind@counsellingtherapy.clinic 0447262130 https://counsellingtherapy.clinic	Group Supervision for Supervisors and Supervisees https://counsellingtherapy.clinic I offer two-hour supervision sessions specific to supporting supervisor groups and supervisee groups. These sessions are grounded in reflective and ethical practice, offering a secure and nurturing space to explore clinical cases, deepen professional development, and engage with the complexities of therapeutic work. Bookings are easily accessible via my website: https://counsellingtherapy.clinic/booking/ and I will email you a confidentiality form to sign. My experience

includes working in both Australia and Asia providing counselling and supervision and my qualifications include:

- Master's degree in Counselling and Psychotherapy
- Master's degree in Special Needs Education
- Master's degree in Professional Leadership
- Master's degree in Therapeutic Art Practice (2026)

I bring multimodal and relationally oriented co-inquiry into my practice, and my therapeutic framework embraces a neurodiversity-affirming practice, honouring the unique strengths and ways of being of neurodivergent individuals. I take an eclectic approach that integrates art therapy and experiential modalities, offering meaningful alternatives to traditional talk therapy, which I also include. These approaches help my clients to access and process emotions in ways that foster self-awareness, personal growth, and emotional well-being, particularly for those who find verbal expression challenging.

Dr Kevin Glasheen	21221	QLD	Zoom	Tuesday Thursdays	kjglas@bigpond.net.au 0421 909 056	Eclectic with psycho-dynamic basis
Emma Moran-Wall	25564	VIC	Zoom, Skype, Microsoft Teams	Tuesday - 9am – 5pm Wednesday - 9am - 5pm Thursday - 9am – 5pm Friday - 9am - 5pm	emmamw06@gmail.com 0410 468 462	Children and young people, Grief and Loss, Family Violence, Relationships, Attachment Theory, Psychodynamic Theory, Solution-Focused Brief Therapy,

Francesca Palazzolo	22960	NS W	Google Meetor Zoom.	Thurs - Saturday	www.francescapcounseling.com 0364110202	Addiction, Trauma informed therapy, Alcohol & Other Drugs Counselling
Francis Kim	22370	NS W	Zoom	Wednesday - 9am – 5pm Wednesday – 5pm+ Thursday – 5pm+ Thursday - 9am - 5pm Friday - 9am – 5pm Saturday - 9am – 5:30pm	info@counsellinginteractive.com.au 0402 483 677 counsellinginteractive.com.au	Person Centred Model

Geetha Chetty	30096	VI C	Online (Zoom/Te lehealth) and In- Person	Evenings and selected weekdays (availability confirmed upon enquiry)	Email: info@enlightenedmind.c om.au Phone: 0421 464 475	<p>Geetha Chetty is a PACFA Registered Clinical Counsellor and Supervisor, Accredited EMDR Therapist, and Gottman Level 2 Couples Therapist with extensive experience working with complex trauma and diverse client populations. Her supervision is grounded in trauma-informed practice, cultural humility, reflective learning, and ethical clinical decision-making. Geetha creates a supportive yet thoughtfully challenging supervision space that strengthens counsellors' confidence, self-awareness, and professional growth when working with complex presentations.</p> <p>Specialist Modalities / Areas of Practice</p> <p>My supervision integrates a trauma-informed, reflective, and culturally responsive framework, drawing from a range of evidence-based approaches, including:</p> <ul style="list-style-type: none"> • Trauma-informed counselling practice • EMDR-informed practice (Accredited EMDR Therapist) • Neuroscience-informed practice • Mindfulness-based approaches
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- Reflective and relational supervision models
- Cultural humility and culturally responsive practice
- Gottman Method Couples Therapy (Level 2)

Areas of Clinical Practice and Experience

- Complex trauma
- Family violence and domestic violence
- Sexual assault
- Alcohol and Other Drugs (AOD)
- Marginalised and at-risk youth
- Homelessness and systemic disadvantage
- Forensic and prison settings
- Individual counselling
- Couples counselling and relational therapy
- Private Practice

My supervision approach focuses on supporting counsellors to strengthen clinical confidence, ethical decision-making, cultural responsiveness, and reflective practice, while also addressing vicarious trauma, practitioner wellbeing, and professional development.

Giorgio Salmistraro	28125	NSW	SKYPE, TEAM S, WHAT SA PP	Monday to Friday 9.00 am to 6.00 pm	Giorgio_sma@hotmail.com 0474 742 127	Trauma informed supervision, couples and relationship supervision; men and couples psychosexual issues. Transference and counter transference. What is in the 'field' making you feel stuck in the work with your client? What makes your client feel stuck? How to motivate your client to push through self-imposed boundaries?
Heather Bunting	22302	VIC	Zoom	Monday – 5pm+ Wednesday - 9am - 5pm Saturday - 9am - 5pm	heatherjbunting@gmail.com 0421 908 424 www.possibilitiesforchange.com.au	Person-centred with experience in a range of modalities
Helen Brittan	23116	WA	Online, In person	Evening Sessions: Wed or Thursday between 3.30-5pm AWST for video link- Interstate groups. 5-7pm AWST for WA based groups.	0407 704 639 Info@nurturinggrowth.au www.nurturinggrowth.au	Supervision Trained Psychotherapist offering: <ul style="list-style-type: none"> • Reflective Group Supervision for practitioners at student & above levels (1.5 hr, 3 participants minimum at PACFA recommended rate). Experience & perspectives: Trauma Therapy, Family & Domestic Violence & Group Therapy expertise. EMDR trained, IFS Informed, Feminist
						<p>Perspective, Integrative approach to our work using multiple major modalities and frameworks, including Person Centered, Family Systems, Developmental, Attachment, ACT, Mindfulness, CBT etc...</p> <p>Please email to be added to waitlists for groups. Thankyou!</p>

Ian Parkin	21952	NSW	Zoom, In person	Monday - 9am – 9.30pm Tuesday - 9am – 9.30pm Wednesday- 9am – 9.30pm Thursday - 9am – 9.30 pm	0434 355 446 www.purposeforlife.com.au	Acceptance Commitment Therapy, Brief therapy, Christian counselling, Cognitive therapy, Cognitive-Behavioural Therapy, Couples therapy, Emotion-Focussed Therapy, Existential psychotherapy, Family therapy, Gestalt therapy, Integrative therapy, Mindfulness-based therapies, Motivational interviewing, Narrative therapy, Person- centred counselling, Psycho-education, Psychodynamic psychotherapy, Solution- focussed therapy, Systemic therapy.
Isaac Bailey	22692	NSW	Zoom		0485901823 admin@yurandalli.com.au https://www.yurandalli.com.au	<ul style="list-style-type: none"> • 18 years as a trauma counsellor • Domestic, family and sexual violence • Lateral violence in the workplace • Trauma Informed, Trauma Specific • Person- Centred Humanistic • Resistant and complex presentations • New Grads and Seasoned Therapists • Individual and Group Supervision • First Nations, LGBTIQ+, Neurodiversity • Certified across multiple approaches.

Jaclyn Hall	27656	NSW	In person in Blaxland, Richmond, or in person	Tuesdays, Wednesdays, Fridays	0468 322 157 welcome@calmconnectandhealtherapeuticservices.com.au	<p>Hi, my name is Jaclyn. I am a PACFA Accredited Clinical Counsellor & Certified Supervisor, an Advanced Clinical Resource Therapist & Trainer, an EMDR Accredited EMDR Practitioner, and a NSW Victims Services Counsellor. I began my career in the human services sector in 2007. Since then, I have worked across both government and non-government organisations in counselling, case management, and leadership roles within the areas of mental health, community development, out-of-home care, domestic and family violence, and disability.</p> <p>I founded Calm, Connect & Heal Therapeutic Services, a small private practice where I work predominantly with adults who have experienced trauma. I also provide clinical supervision for helping professionals.</p> <p>I believe there is something deeply important about having a space where we can pause, reflect, and think together about the work we do.</p> <p>Relational trauma work can be meaningful and rewarding — and at times complex, emotionally demanding, and difficult to hold alone.</p> <p>I approach supervision as a reflective and collaborative process grounded in relational, trauma-informed practice. My work is informed by attachment theory, protective processes, relational safety, nervous system-informed care, and a strong emphasis on</p>
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working at a pace that feels safe enough for both the client and clinician.

Supervision is a partnership that supports both clinical growth and professional wellbeing. Together, we can explore clinical cases, review client work, strengthen case formulations, reflect on therapeutic processes, and consider the impact of the work on you as a practitioner.

My intention is to provide a space that is thoughtful, supportive, and non-judgemental — a place where curiosity, reflection, and professional development can flourish.

I value the skills, experience, and wisdom you already bring to your work. I look forward to walking alongside you in a shared journey of learning, growth, and professional reflection.

Main Modalities:

- Resource Therapy (Parts work)
- EMDR
- Relational Integrative EMDR (somatic, polyvagal, imagery rescripting)
- DBT

Jacquie Wise	20540	VIC	Zoom, Skype, Microsoft Teams	Monday – 5pm+ Tuesday – 5pm+ Friday - 9am - 5pm Saturday - 9am – 5pm Sunday - 9am - 5pm	jacquiewise@wiseways.com.au 0439 969 081 www.wiseways.com.au	Integrative or Pluralistic approach (therapies listed on my website) and trauma-informed
Janice Florent	20527	VIC	Zoom	Tues/Wed/Thurs during business hours	janice@inspiringstrengths.com 0494593985 https://inspiringstrengths.com/	<p>Combining the 7 eyed process model of supervision & various reflective practices with your counselling construct.</p> <p>I have 25+ years working in community health in the AOD and general counselling sectors as counsellor and practice lead/supervisor. Now in full time private practice.</p> <p>Clinical supervision is my passion and I am dedicated to ongoing reflection, growth, and ethical practice. Together we will create a safe and collaborative space for you to explore your practice concerns, stuckness and successes. And if you need it, together we can bring back the passion of both counselling and supervision!</p> <p>Group supervision offerings include: -supervision of supervision for senior clinicians/supervisors -group supervision for counsellors of all levels and experience -group supervision for teams</p> <p>Small groups of 4 people for 90mins or 4-6 people for 120mins</p> <p>My counselling modalities include:</p> <ul style="list-style-type: none"> • Solution Focused Therapy • Motivational Interviewing

						<ul style="list-style-type: none"> • Compassion Focused Therapy • Acceptance & Commitment Therapy • Cognitive Behavioural Therapy • Attachment Theory • Systems Theory • Trauma informed practice
Jean Gamble	21634	NSW	Zoom, Skype, WhatsApp	<p>Tuesday - 5am – 4.30 pm</p> <p>Wednesday-5am – 4.30pm</p> <p>Friday - 5am – 12 pm</p> <p>Saturday - 6am – 12 pm</p>	<p>jean@jeangamble.com.au</p> <p>0412396917</p> <p>https://www.jeangamble.com/</p>	Somatic (Body Oriented) Psychotherapy, Psychodynamic Practice Energetic healing, Relationship/Family Counselling Attachment Theory/Infant Observation
Jeanne LaBash-Lewis	23928	NSW	Online	<p>Mon 5pm+</p> <p>Tue 8am – 5pm</p> <p>Thur 9am – 5pm, 5pm+</p>	<p>jeanne@growingdaily.com.au</p> <p>0411 718 910</p>	<p>Reflective, person-centred supervisor, with experience in a range of modalities.</p> <p>Extensive group therapy experience, also DBT, Alcohol & Addictions, personality disorders, Bi-Polar, Parents of youth with mental health issues, and ACT.</p>
Jenny Perchman	22758	NSW	Zoom	<p>Monday - 9am – 5pm</p> <p>Tuesday - 9am – 5pm</p> <p>Tuesday – 5pm+</p> <p>Friday - 9am - 5pm</p>	<p>enquiries@jennycounselling.com</p> <p>0409839 383</p>	Relationship Counselling
Jennifer Gripton-Corbett	23045	NSW	Zoom	<p>Monday - 9am - 5pm</p> <p>Monday-Friday</p>	<p>0411 518 537</p> <p>jengriptoncorbett@gmail.com</p> <p>(27) Jennifer Gripton-Corbett LinkedIn</p>	<p>Person Centred Trauma-informed practice, Integrative in approach, DBT, Narrative Therapy, Family Systems, Gottman's Therapy, CBT, Psychodynamic Therapy and mindfulness.</p>

Jodie Gale	20592	NSW	Zoom		<p>Email jodiegale@bigpond.com Website: https://psychosynthesis.online/work-with-me/clinical-supervision/</p>	<p>I have 25 years' experience working in private practice as a therapeutic counsellor and depth psychotherapist. Supervision with me will be of particular interest to practitioners who:</p> <ol style="list-style-type: none"> 1. are just starting out in private practice and need help with their forms and set up, and also practitioners who wish to grow or scale their practice 2. are passionate about working in a non pathologising and soulful way using eco-psycho-spiritual principles 3. want to work psychotherapeutically with their clients using the therapeutic relationship / transference and countertransference 4. work with adult individuals suffering with early childhood attachment, developmental and complex trauma related issues, addictions, eating disorders and other food, weight and body image concerns <p>I am trained in the following modalities: Psychosynthesis (Psycho-Spiritual), Subpersonalities, IFS C the Inner Child, Jungian, Ecotherapy, ACT, Feminist, Attachment Theory, Developmental C Self Psychology, Existential, EFT- Tapping, Somatic, Circle of Security, NVC C CBT-E</p>
Jude Piercey	20432	NSW	Zoom, Skype, Facetime	Wednesday –5pm+ Friday - 9am - 5pm	Judepiercey@hotmail.com 0413 351 486	Psychodynamic
Justine Wake	22364	QLD	In person	Monday evenings, Saturday and Sunday mornings	0468762621, drawingroom@mail.com	<p>I am a Counsellor and registered clinical supervisor and art psychotherapist with 25 years experience. I have supervised a wide range of mental health professionals in NGOs, government settings and private practice. I am especially interested to support therapists striving to navigate complexity and intersectionality, professional identity, burnout prevention and longevity in practice.</p>

Kareena Hodgson	24712	NSW	Online Group	Various evening times available	The Manifesto www.the-manifesto.com.au kareena@the-manifesto.com.au	Person Centred, Trauma informed, Collaborative and Relational Supervision. In my own practice, I have a particular focus in supporting those in the entertainment industry, including actors, dancers, circus artists, writers, producers, and crew. As a supervisor, I am interested in working with early career counsellors and new graduates.
Kate Henderson	24239	SA	Zoom, In-Person in Aldinga Beach, SA	Monday: 5pm+ Tuesday: 8am - 7pm Wednesday - 8am - 7pm	twosouls counselling@gmail.com www.twosouls counselling.com.au 0410 521 633	Person-centred, integrative approach with a focus on loss & grief, bereavement, carer issues, anxiety, spirituality, energy work, life transitions, dementia and chronic illness.
Karen Rushbrook	26987	NSW		Monday 8am to 7pm Tuesday 4pm to 8pm Wednesday 4pm to 8pm Thursday 8am to 11pm. Friday 8am to 7pm Saturday 8am to 12pm.	043 001 6871 kmr counselling@gmail.com	CBT, EFT, Children and couples
Katinka Pal-Zimny	21723	VIC	Zoom	Monday – 5pm+ Tuesday – 5pm+ Friday - 9am - 5pm Sunday – 5pm+	katinkapalzimny@gmail.com 0433 975 928 calmcounsellingonline.com	Family Therapy. Reflective Supervision

Kaye Griffin	20529	VIC	Zoom Phone What's App	Flexibleover days and times	0414 460 060 kayegriffin@mindmatterscounselling.com www.mindmatterscounselling.com	<p>Individual, Group Supervision and Individual and Group Supervision of Supervision (with advanced certificate supervision in ethics, individual and group supervision). I work in an integrative way (bottom up utilising brain based approaches like parts, somatic and creative therapies) that supports learning and collaboration in a safe and transparent way. I am trained in many modalities and interventions and specialise in my private practice in intensive therapy across trauma, crisis, grief & loss, illness, death and dying and all presenting issues within these areas.</p> <p>I also provide to organisations debriefing, coaching and mentoring as well as training and workshops. I use a combination of Psychotherapy, Brainspotting™, Animal Assisted Therapy, EMDR, Trauma Informed Therapy, Brain Based Therapies, Somatic Therapy, Expressive Arts Therapy, IFS, Ego State, Resource Therapy, DNMS and Hypnotherapy to assist in identifying and working with any underlying issues. I am also trained in Polyvagal Theory, TFT, EFT, Schema, DBT, CBT, Havening, Integral Somatic Psychotherapy,</p>
						<p>African Drumming (Teacher qualification), Ancestral Healing, and Energy Healing to name a few.</p> <p>I look forward to the opportunity of exploring your supervision – group supervision needs and to being of further service. Happy to have a chat or email to see if I am the right supervisor for your learning edges and supervision needs. In the interim, take care and go gently.</p>

Kerry Kostinsky Verlingieri	23332	NSW	Zoom	<u>Session Times</u> 1pm -2:30pm Friday Monthly	0434 889 912 kerry@renewedhopecounseling.com.au https://renewedhopecounseling.com.au	Specialise in Trauma, Relationship Counselling, Children and Teens, Narcissistic Abuse, PTSD and CPTSD. I offer thoughtful, evidence-based supervision and aim to create a space that's reflective, respectful, and gently challenging of established or easily accepted ideas that may not serve you or your clients well. My goal is to help you grow in confidence and clarity as a practitioner regardless of your worldview. Art Therapy - Attachment Theory - CBT - Christian Informed Counselling - DBT - Emotionally Focused Therapy – Integrative approaches - Internal Family Systems - Marriage and Family - Narrative Therapy - Person Centred - Play Therapy - Strengths-Based – Systems Theory - Trauma Informed
Kim Billington	23240	VIC	Zoom	Monday – Fri 9am - 5pm Monday – Friday – 5pm+ (Group supervision Mon & Tue 6.30-8pm)	counsellingconversations@gmail.com 0488 284 023 https://www.kimbillington.com.au	CFT, ACT, Narrative Therapy, Somatic Focusing and Existential Therapy
Kim Michelle Hansen	23725	NSW	Zoom, CoViu	Monday – 5pm+ Monday - 9am - 5pm Thursday – 5pm+ Thursday - 9am - 5pm Friday - 9am - 5pm	mindkeys101@gmail.com 0412 606 727 www.mindkeys.com.au	Applied Neuroscience, Clinical Hypnotherapy

Kylie Lepri	21675	NSW	Zoom In-Person	Threethemedmonthly groups	0404 032 636 info@kylielepri.com.au www.kylielepri.com.au Book Group Supervision: https://tidycal.com/kylieleprisupervision	<p>Kylie Lepri is an PACFA accredited clinical supervisor, couples therapist and psychotherapist with 22 years of experience across public, private, and group practice settings. She offers individual supervision, online monthly groups (general practice and couples-focused), and an online group intensive series tailored to the complexities of couples-therapy work. Drawing on frameworks such as Gottman, PACT and EFT, Kylie provides a reflective and practical space to support therapists in clinical growth, private practice development, and professional wellbeing.</p> <p>We have three themed monthly groups to consider:</p> <p>Broad Focused: Ideal for therapists supporting individuals, couples, and relationships, these groups cover everything from practice operations and marketing to client challenges, ethics, and self-care.</p> <p>Couple Therapy Focused: This group supports therapists experienced or new to couples work, exploring key challenges and the practicalities of private practice.</p> <p>Couples Therapy Supervision Intensives: Topic-specific monthly supervision sessions to build confidence for both therapists experienced or new to working with couples & relationships.</p> <p>Individual Supervision: Tuesday: In-Person or Online 9AM-6PM Wednesday: In-Person or Online 9AM-6PM Thursday: Online 9AM-6PM Read More: https://kylielepri.com.au/clinical-supervision-for-counsellors-therapists/</p>
Kylie Turner	21642	QLD	Zoom, CoViu	Monday – 5pm+ Tuesday – 5pm+ Wednesday – 5pm+ Thursday – 5pm+ Friday – 5pm+ Saturday - 9am - 5pm Sunday - 9am - 5pm	restorativeclinicalsupervision@gmail.com 0417 075 551	Restorative clinical supervision - Heal the Healer - through meditation & mindfulness; self-compassion; stress management; practical exercises for home, work or anywhere; tuning into your own needs; nourishing rituals; over 16 years experience in the

						Counselling & Psychotherapy sector; Clinical Hypnotherapy & Ericksonian Psychotherapy; Winner of multiple Business Achiever Awards 2008, 2009, 2010 & New Business of the Year 2010.
Lana Sciberras	21567	VIC	Zoom, Whereby	Monday - Friday	lanasciberras@yahoo.com 0411 421 108	<p>I am a Clinical Psychotherapist initially trained in Gestalt psychotherapy and mindfulness with a Process-oriented psychological approach (Processwork). My work is always in collaboration with my clients exploring at depth their process of change in a way that assists an emerging self that is both healing and strengthening, resulting in new ways to be in relationship with self, others and life.</p> <p>I use a compassionate approach that includes my training in Self-compassion therapy and Compassion Focused Therapy.</p> <p>I am also trained by MAPS and work as a Psychedelic-Assisted Psychotherapist and in psychedelic research studies at the Monash Clinical Psychedelic Lab.</p> <p>I am an Accredited Clinical Supervisor working with individuals and groups including Psychedelic-Assisted Therapy supervision. As a Clinical Supervisor I am also informed by the Processwork method.</p>
Lars Andersson	21665	QLD	Zoom, Skype, FaceTime, WhatsApp	Monday - 9am - 5pm Tuesday - 9am - 5pm Thursday - 9am - 5pm Friday - 9am - 5pm	awarenet@intawa.com.au (07) 3716 0600 https://www.intawa.com.au/counselling-supervision/clinical-supervision/	My foundational training is in Gestalt Therapy, but since I have now been in private practice for 30 years and along the way continued learning new approaches and modalities, the best description of my work would probably be eclectic.

Libby Baensch	24540	VIC	Zoom	Thursday 9:30am – 11:30am	libby@restoert.com.au www.restoert.com.au	Systemic therapist, Emotionally Focused Therapy, Couple and Family therapy, Christian counselling, Psychodynamic, trauma informed psychotherapy. The way I work with my supervisees is to form a professional, contracted, collaborative alliance, which embodies authenticity, kindness, relational safety, and honours humanity and diversity. My supervisory approach is founded on deep listening, and personal and systemic reflection.
Lindy Spanger	23741	VIC	Online, In person		lindy@dreamengine.com.au 0413054378	Soul Centred depth psychotherapy
Lisa Menzel	21632	VIC	Zoom, Skype, Microsoft Teams	Monday – 5pm+ Tuesday – 5pm+ Wednesday – 5pm+ Friday - 9am - 5pm Saturday - 9am - 5pm	wellwithincounselling@bigpond.com 0413 001 855 wellwithincounselling.com.au	Anxiety, depression, grief/loss, change/transition, trauma, relationships, parenting, childhood development, adolescence, workplace relationships, dispute resolution
Masti Adler	24467	NSW	Zoom (telehealth)	Between 9:30-6 pm Mon-Fri, individual and groups	0403 730 304 or mastitouchin@gmail.com	In my supervision I use reflective and relational models. I am aiming to support supervisees in all aspects of their work, help develop awareness of aspects that may have been hidden from view and share my resources and experience. My areas of expertise are Relationship Therapy (EFT, Developmental Couple Therapy, Terry Real, Gottman, Attachment Styles) and for individuals Gestalt Therapy and Somatically Oriented Trauma Therapy.
Matti Lee	21644	NSW	Zoom, Skype, CoViu	Monday - 9am - 5pm Monday – 5pm+ Tuesday - 9am - 5pm Tuesday – 5pm+ Thursday - 9am – 5pm Thursday – 5pm+ Saturday - 9am - 5pm	matti@innerhealth.net.au 0400 272 940 www.innerhealth.net.au	CBT, EMDR, Solution Focus, Person Centred, Crisis and Trauma Focus, Relationship Focus.

Merle Conyer	22224	NSW	Zoom	Monday and Tuesday 9am – 5pm	mconyer@protonmail.com 0417 285 627 www.goodtherapy.com.au/merle_conyer	Pluralistic approach is informed by Trauma-specific practice, Somatic psychotherapy, Narrative therapy, Focusing, Psychodynamic psychotherapy and other wisdoms. Available in support of practitioners with an ethic of anti-oppressive practice and working in community, social justice, environmental, human rights, healing and related contexts.
Michelle Date	21568	VIC	Zoom, In person in Fitzroy North Vic	Monday – Thursday 9am - 5pm	0419239507 md@michelledate.com.au www.michelledate.com.a u	Michelle has completed supervision trainings with Daphne Hewson, Philip Armstrong, Clark Baim, Jenny Dwyer and Michael Carrol. As Clinical Practice Manager, she was responsible for organisation-wide clinical supervision, client-at-risk management, and learning and development. Michelle also has extensive experience leading groups and working as a mentor, coach, counsellor and yoga teacher. Michelle provides Trauma-informed clinical supervision
Minky van der Walt	26483	TAS	Zoom, Microsoft Teams, In person	Weekdays with carious times morning, work hours and some evenings	0466 149 430 minky@tempotherapy.co m.au	Trauma-informed, process-focused, relational and collaborative, with invitations to explore through creative arts, music and somatic processes. 25 years clinical experience with children, families and adults. Family violence and trauma. Individual and closed group supervision sessions - groups run monthly for between 6 – 11 months.

Mioi Forster-Nakayama	28712	SA	In-person and Zoom	Tuesdays-Fridays 9:30 - 6:30pm (AEST) (flexible and negotiable)	http://www.movingcircle.au 0493 764 845	I am a registered Dance Movement Psychotherapist with a psychodynamic approach including self-psychology. Experienced in working with children and adults with complex trauma and attachment issues. Neurodiverse and LGBTQ+ affirming practice is applied. Embodied Group Supervision is offered either online or in-person for practitioners who would like to become an embodied clinician and/or incorporate somatic approaches into their practice. Methods and techniques such as authentic movement and Laban Movement Analysis will be introduced to 'language' clinicians' and clients' embodied presentations. Find more details here Clinical Supervision Dance Movement Therapy Moving Circle
Miriam Holder	22140	NSW	Zoom	Wednesday - 9am – 5pm Friday - 9am - 5pm	holder05@bigpond.net.au 0419 468 072 www.bluehealer.net.au	Existential phenomenological focus
Dr Moses G Adepoju	31786	VIC	Zoom and Microsoft Teams	Monday – 6pm -9pm Tuesday – 6pm -9pm Wednesday – 6pm -9pm Thursday - 6pm – 9pm	madepoju@delbaccs.com.au 0403346298 https://www.delbaccs.com.au	Generalist Eclectic Approach

Neridah Joy Boraso	22650	SA	Zoom	Various days/evenings and times	coppercoastcounsellingservice@gmail.com (preferred); Phone: 0413190655	Reg. Clinical Counsellor and Accredited Mental Health Social Worker Focus areas are: School counselling Clinical mental health Anxiety Depression PTSD Trauma informed Relationship Counselling Grief and Loss Children and Adolescents Therapies: CBT, CPT, EFT, ACT, DBT Solution Focused Qualifications: BASoc.S Counselling Masters Counselling Practice Masters Social Work
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Nicola Lock	20259	NSW	Zoom, Skype, Microsoft Teams	Tuesday - 9am - 5pm Wednesday - 9am - 5pm Thursday - 9am - 5pm	nicky.lock@cottagecounselling.org.au 0415 312 557 https://ccaa.net.au/practitioner/200338-173/	Emotionally Focused therapy; cross professional supervision; integration of spirituality and practice
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Nigel Polak	2673	VIC	Teams, Zoom, Google Meet	Monday - Friday 9am-4pm	nigelwillpolak@gmail.com , 0407866691	<p>Primary modality: Existential-Pluralistic Therapist C Clinical Supervisor</p> <p>Other specialist modalities: Pluralistic/Integration, Gestalt, Person-centred, Narrative, Solution-Focused, Psychodynamic/attachment, and many more</p> <p>Client presentations: any, including youth and family, justice and victims, workers compensation and TAC, legal, business coaching, groupwork, relationships and conflict resolution, personal growth and development, depression, anxiety, complex presentations/disorders, neurodiversity, gender and sexual diversity, intersect with psychiatry/pharmacology/clinical psychology and other disciplines, managing and working effectively within multidisciplinary teams.</p>
Rae Sabine	30028	VIC	Zoom, In person	Monday - 9am - 6:30pm Tuesday - 9am - 6:30pm Wednesday - 9am - 6:30pm Thursday - 9am - 6:30pm Friday - 9am - 6:30pm Saturday - 10am - 4pm	www.creatingwellbeing.com.au	Creative and Experiential Therapies, IFS, ACT and DBT

Rana Merhi	26035	QLD	Zoom	Monday – 6pm to 7pm Tuesday - 6pm to 7pm Wednesday - 6pm to 7pm Thursday – 6pm to 7pm Friday – 6pm to 7pm Saturday - 4pm to 6pm Sunday - 4pm to 6pm	rana@merikaya.au 0414 285 801	Trauma-Informed Counselling, Social Justice-Informed Counselling, Integrative C Holistic counselling, Culturally sensitive counselling, Somatic, attachment C strengths based counselling. Low-cost individual supervision is available for students.
Robyn Miller	20757	VIC	Zoom, Skype	Monday (group supervision) 12 noon to 1:30 pm. Monday 3 pm - 6:30 pm Tuesday 10 am - 4pm; 5.30 pm to 7.30 pm Wednesday 10 am - 4pm; 5.30 pm to 7.30 pm	robyn@listentohear.com.au 0419 332 520 www.listentohear.com.au	Family Therapy; Psychodynamic Psychotherapy; Emotionally Focused Therapy; Mindfulness-Based Cognitive Therapy and Stress Reduction Programme
Roger Vallance	23012	Cairns, QLD	TEND; face2face	Negotiable	roger.j.vallance@gmail.com	Working with adolescents; person centred; Christine perspectives of counselling; solution focused therapies
Paul McQuillan	21993	QLD	Zoom	Monday- 10am - 5pm Tuesday- 10am -4pm Friday- 10am-4pm	Email: paul@lifechange.net.au Web: www.lifechange.net.au Mobile 0408 749 749	Logotherapy – in the tradition of Viktor Frankl
Sally Pamberger	21651	WA	Zoom (preferred), FaceTime	Monday - 9am - 5pm Tuesday – 5pm+ Wednesday - 5pm Thursday – 5pm+	sally@pamberger.com.au 0424 382 557 www.pamberger.com.au	Mindfulness based and interpersonal therapies. Currently have space available in a monthly group, on Tuesdays from 12.30pm-2.30pm (WA time).

Sandra Buchanan	28061	VIC	In person (Burwood, Melbourn e), Telehealth , Phone	Various- week days & evenings, weekends	www.sandrabuchanan.com.au info@sandrabuchanan.com.au 0416267068	Reflective Arts Based Group Supervision Open Groups, Closed Groups Expressive Arts Therapies, Person- centred, Trauma informed, Narrative Therapy, Mindfulness Practices. Refer Website for more information
Sarah Forman	22246	QLD	Zoom, Power diary	Tuesday – 5pm+ Wednesday – 5pm+ Thursday – 5pm+ Friday - 9am - 5pm, Friday – 5pm+	sarahforman33@gmail.com 0432 023 222 https://goldcoastpsychologists.com/sarah-forman-counsellor/	Relationship counselling, parenting and families, individuals, trauma- informed, compassion focused therapy.

Sek (Johnny) Leung	21628	VIC	In per son , Telehealth- video/phon e	Monday – Friday 9:00 am – 6:00 pm	johnnyleunghk@gmail.com 0430187612	English, Cantonese, Mandarin speaking counsellor with more than 15-years of clinical experience. Medicare Psychological Strategies Provider - bulk billing (GP Mental Health Care Plan 2710/2713). Categories: Counsellor, Supervisor, Individuals, Addictions, Anger Management, Anxiety, Childhood Abuse, Depression, Emotional & Physical Abuse, Emotional Crisis, Grief, Loss, Trauma, Life Transitions, Relationships, Self Esteem, Sexual Issues, Stress Management.
Sirini Kularatne- Samarapathi	28471	VIC			admin@sirini.life	

Sulosh Schuttinga	22872	NSW	Zoom	Monday – Thursday 9:00 am – 6:00 pm	Email: sulosh@wellbeingcounselling.net Mobile: 0401085199 Web: www.wellbeingcounselling.net	Reflective person-centred supervisor working with a range of modalities including Family Systems, PCT, ACT, SFBT. All work is trauma informed and I work collaboratively with supervisees. Low cost individual supervision is offered to new counsellors. My background is in Couple and Family Therapy, and I have extensive group therapy experience.
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Traci Tucker	25324	VIC	Zoom	Tuesdays to Saturdays & various times	https://healingmindz.au/clinical-supervision	<p>Individual and group-based supervision. Counselling, sexology, private practice business consulting, and clinical supervision. Discounts for current industry students. Eclectic counselling style (use multiple theoretical approaches and techniques) including person centered, Gestalt, solution / goal focused, Narrative, CBT, strengths based, and psychoeducation.</p> <ul style="list-style-type: none"> • General counselling - individual, couples, families, group work. • Intimate partner violence, family violence, abusive behaviours, assertiveness, anger. • Grief, loss and trauma. • Sexual health, infidelity issues, sexual trauma including physical, psychological and reproductive. • Trauma from sexual assault, IVF and reproductive challenges, low libido. • LGBTQIA+ and gender identity. • Suicidality and self harming. • Addictions - sexual, drugs, alcohol, gambling, food etc. • Mental health - ADHD, ASD, BPD, PTSD, anxiety, depression, OCD
Violeta Stolevska	20318	VIC	Zoom	<p>Monday – 5pm+ Tuesday – 5pm+ Thursday – 5pm+ Friday – 5pm+ Saturday - 9am - 5pm Saturday – 5pm+ Sunday - 9am – 5pm</p>	<p>violetastolevska@hotmail.com 0491 611 503 www.stolevskarelationshipcounseling.com.au</p>	<p>Violeta's clinical practice with clients combines elements of Psychodynamic, Systemic, Cognitive Behavioural and Emotion Focused Therapy.</p>

